

# ARMY NEWS

## ARMY SPORT

It's back!

## THE CHIEF OF ARMY

Achieving regeneration

## HONING

## SOLDIERING SKILLS

Full-on exercises throughout the country



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in Covid breakout

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## Whakapapa: roots, unique nature and character

**As you may know, I start  
nearly every presentation  
with a short pepeha. As a  
Māori, a New Zealander and  
a soldier it's both right and  
protocol to do so, but being  
overseas and among our  
partners is a critical time  
to demonstrate a point of  
difference.**



Often being on a stage, alone or with a few international peers can be daunting – even as SMA. But having time to pause, collect myself and state aloud who I am and what I represent through my forebears is critically important. It's easy to see the personal impact. People react surprisingly when greeted bi-lingually and meaningfully. An audience moves with you when you acknowledge things important to you – landmarks and earthly anchors, the dead and living, family, your whenua and a bodily tribal linkage. I often wonder if, through that small protocol we realise what a special culture and spiritual affinity we have as a people. Ultimately, I think we connect faster and on a deeper level because we are connected ourselves and it often shows through.

Coming away from a recent overseas visit, I was struck by the special attention we get, not just as New Zealanders – but as Kiwis in the profession of arms, in Defence, and particularly about the ethos of our Army. What is it that drives this interest? Why do others so readily seek to explore our somewhat inherent culture – a thing we take for granted. This month, I talk a little about recognition, our unique ways (like pepeha) and the often unseen differences we can make to teams both large and small. Through those topics I hope to cast a lens on a longer and pressing conversation about the genesis term – 'whakapapa', and how by acknowledging who we are – we can continue to evolve our warrior way.

### Who are we as an Army?

Do we ask this question enough of ourselves and the organisation? Why, like our namesake flightless bird are we as an Army unique? Is it because we are common only to these shores – distant, gritty and independent? Beyond soldiering, why does our nation produce such world-dominating sports teams? Why do we generate some of the finest athletes in individual multi-sports and water sports? Why do we field some of the smallest yet globally-leading aviation and exploration companies

such as Air NZ or Space Lab? Understanding where we stand, who stood before us and where we're all going is inevitably linked but we need to make sense of it. For you, members or former members of Ngati Tū it's very much up to you how that question is probed and answered. What I would observe from recent interactions is that we have something special – yet we don't always acknowledge or accept it.

I wasn't surprised when the first of many US senior peers approached me praising your work. From the CSM of US Forces Korea discussing effort of an Infantry Warrant Officer (Operation Monitor); an Army-Reserve Command Sergeant-Major commenting on Team Kiwi winning the hard fought MFO 'skill at arms' on the Sinai Peninsular; or an old friend from SOF remarking on the work of our liaison officers in Hawaii or Tampa Bay. These situations occur a lot. I always respond with a firm handshake, an affirmative thank-you, and a wry grin of humble appreciation of their commentary. Chief of Army and I lose count of the accounts of your actions around the world or the friendships struck. While it's not a hardship to hear congratulatory compliments or remarks about the beautiful country we live in, I sense our internal-audit can prevent us from truly appreciating and seizing the opportunity of our value-add. Part of this process is about being humble enough to accept the comment and understanding what is truly unique about it – that one thing only we can do.

In a context of esteemed colleagues approaching me about our value contribution and the NZ Army's worth – I can tell you it's rarely about military power alone. Although it can be an interesting discussion it's never about tools or scale either, and it's not what we're bringing to the table in terms of a combat match. Instead, and less dramatically, the attraction often revolves about their previous interactions with us as people, and importantly it's the skills, leadership or the attitude we've brought to a fight or challenge when they needed us most.



Actions speak louder than words and so every soldier's actions, past or present, add to that legacy.

I heard just recently that an Air Force colleague (WO Lipsham) performed haka at a course in Washington D.C. It left an indelible impression on many of our Army colleagues attending that joint programme. It's this type of culture, mana and whanaungatanga that breeds external reverence. In discussions with national SMAs, senior enlisted counterparts and hundreds of RSMs around the globe questions continue to be asked about our particular ethos and how we achieve it. Maybe it's one of those questions we don't want the answer to. Maybe if we seek it out or study it too deeply, the special ability might evaporate just as if it wasn't a real thing. But I want to assure you it is and our work as an Army is to ensure its elements are explored, understood and further developed.

In closing, I'd like you to get thinking about who we are and how we continue to get better as a land Army. Ethos can surely be directed – but the true sense of our culture more readily lives and breathes in our people, your very units and the unique character that exists between them. Enjoy the quest.

**WO1 Wiremu Moffitt  
16<sup>th</sup> Sergeant Major of the Army**

**Cover:** On watch: A Victor Company, 1 RNZIR soldier and his infantry working dog on a recent close country exercise.

**Photo:** Corporal Maddy Butcher



The Army News is published for the Regular and Territorial Force and civilian staff of the New Zealand Army.

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## NZDF FLIES TEAM TO SUPPORT NIUE IN COVID OUTBREAK

**A team of civilian doctors and nurses, New Zealand Defence Force personnel and a seven-tonne generator left New Zealand last week on board a Royal New Zealand Air Force C-130 Hercules bound for Niue to assist with the recent Covid-19 outbreak and power outages.**

Personal Protective Equipment, including gloves and masks, is also on board the aircraft, along with 5,000 rapid antigen tests supplied by the Ministry of Health to support the Government of Niue with its Covid-19 response.

The generator has been taken over following interruptions to power supplies in Niue.

Commander Joint Forces New Zealand, Rear Admiral Jim Gilmour, said the NZDF had been supporting the Ministry of Foreign Affairs and Trade (MFAT) and representatives in Niue to ensure the people of Niue got the support and assistance needed at this time.

"As a South West Pacific nation, it is an important role for New Zealand's Defence Force to enable this important support to our neighbours," he said.

A New Zealand Medical Assistance Team of doctors, nurses and logistics personnel deployed on the Hercules.

Five NZDF personnel have also been deployed to assist with Covid-19 response planning and logistics.

NZ Army Major Jade Hamilton said the team was looking forward to using their skills "in support

of our Niue whānau, friends and neighbours".

Some members of the NZDF team had been set to go to Niue next week, as part of the group going on Exercise Tropic Twilight, and have now deployed earlier to support Niue's Covid-19 response.

Exercise Tropic Twilight is a humanitarian aid and assistance activity led by the NZDF in conjunction with MFAT.

Planning for this activity has been a couple of years in the making, following border closures due to Covid-19.

Among those deploying on Exercise Tropic Twilight are personnel from the NZ Army's 2<sup>nd</sup> Engineering Regiment, a hydrography team from the Royal New Zealand Navy unit HMNZS Mataua, and personnel from the NZDF Deployable Joint Interagency Task Force.

Members of the Deployable Joint Interagency Task Force will now assist with crisis management contingency planning as part of the Government of Niue's Covid-19 response.

Under Exercise Tropic Twilight, an engineer construction team will upgrade facilities at Niue High School, and hydrographic surveys of coastal and harbour areas will be conducted as part of planning and preparation in the event of a natural disaster.

NZDF personnel are meeting Niue's Covid-19 requirements, and have been fully vaccinated.



Te Kāwanatanga o Aotearoa  
New Zealand Government

# A MESSAGE FROM CHIEF OF ARMY



**Kia Ora team,**  
In November last year I spoke of the opportunity we now have to take positive control of our environment. To revisit and reset the fundamentals of our profession, regenerate capability, and get after the combat readiness and resilience of all our personnel including our families.

Since then we have received some great feedback about how we can both achieve greater coherency across Army for our regeneration effort, and give better focus to Army's Operating Model. In particular, your feedback has provided us with a number of great perspectives regarding how we should look to position ourselves relative to our larger allies and partners. That, as an army, we cannot afford to go our own way in terms of doctrine and training, or even with specific capabilities. Further, the need to ensure our efforts are tightly connected so that we are an efficient, effective and sustainable force that delivers world class military response options to Government has been emphasised.

To those who contributed to The Soldiers' Forum, The Chief of Army Seminar, The Chief of Army's essays, and/or via the command chain, your collective input has been critical to higher level conversations/considerations.

Importantly, the input from across Army not only reinforced the findings of the Army Safety and Training Review, but helped shape the subsequent analysis and staff effort conducted by Army General Staff. The key outcome from this was an understanding that to regenerate a strong, focused and unified Army we had to more clearly define our role/s as an Army, strengthen our doctrinal frame, and be very clear where we would target our training effort and why.

In support of these findings four initiatives have been immediately implemented.

**Realignment to Australian doctrine.** Through the more deliberate, strictly controlled, adoption and application of Australian doctrine we will not only maintain a common frame of reference but give greater coherence to how we prepare and contribute land forces to the joint fight. Doing so also allows staff effort, particularly that of TRADOC staff, to be reinvested in the practical delivery of training and coursing.

**Adopt doctrinal naming conventions.** Ensuring the terms that we use to describe our force generation construct and military response options are doctrinally correct will enable us to modernise, train and maintain readiness in a unified and widely understood manner.

**Controlled regeneration of our outputs.** We know we have to control tempo while we regenerate our personnel and trained state. The recently released CA PLANORD and CA Directive is very clear on both the timeline for the measured

and progressive regeneration of the Army and the expectations of commanders, at all levels, to adhere to those requirements.

**Deliberate regional engagement.** As we regenerate the force, engagement with our allies and partners, particularly our Pacific partners, will gain momentum. To achieve this in a deliberate, sustainable manner, the recently released Army International Engagement Framework prioritises the Pacific, South East Asia and ABCANZ engagements.

To give greater coherency to Army's raise, train and sustain effort I have directed the development of the Army Capstone Orders. These orders will consist of the Army Command Statement, the Army Plan, and the Army Operating System. They will provide clear and coherent high-level direction to Army, particularly to commanders and staff, on how we prepare Land Forces and Special Operations Forces to operate as part of the Joint Force.

The orders will better refine our modernisation priorities and common ORBAT for the equipping and conceptualising of world class military response options. They will refine our training priorities and be explicit on the training conditions and standards Army must meet. And they will identify our personnel and equipment priorities for readiness and therefore enable Army to allocate resources appropriately against each military response option.

Finally, Army's Capstone Orders will also provide direction on how we enhance our partnerships with the armies of our Pacific neighbours, support interchangeability with our Australian ally and enhance interoperability with our ABCANZ partners.

The regeneration and then maintenance of our war fighting capability reaches across all parts of Army and requires that we not only create the environment needed to be successful, but that our effort is both joined up and focused. Recent decisions regarding how we adopt and apply doctrine, control regeneration including international engagement, and give coherency to our effort are all designed to achieve this.

Your feedback has contributed significantly to the thinking behind these decisions and, for that, I thank you. The opportunity, having now given shape to the immediate future, is ours to win. And it is an opportunity that the Army can get after with confidence. *He waka, eke noa* – we are all in this together.

**Major General John Boswell  
Chief of Army**



## HONOURING THE QUEEN

**Gautam Bajaj was born and grew up in Punjab, India, but has now marched as a New Zealander in the New Zealand Army in London to mark Queen Elizabeth II's 70 years on the throne.**

Burnham-based Private Bajaj, was one of 40 New Zealand Defence Force personnel who marched amongst the Commonwealth military representatives for the Queen's Platinum Jubilee Pageant.

The contingent, led by a six-strong taua, or warrior party, was one of the more diverse marching parties on display as they marched 3.2km in front of tens of thousands of onlookers.

"It was very emotional and a little overwhelming for me being part of this historical parade. Representing New Zealand was such an honour," Private Bajaj said.

He also felt very privileged to be presented a Jubilee coin by Chief of Defence Force, Air Marshal Kevin Short.

"It's like a dream come true."

Private Bajaj, who worked as a chef for many years, has lived in New Zealand for more than a decade before deciding to join the NZ Army in 2020.

"I did so because I am passionate about serving the country and people. I also wanted to add diversity to the Army and wanted

to be a role model to ethnic communities."

He admitted he was surprised but honoured to be chosen to march in London.

"I was advised that I'd been chosen based on my good behaviour and consistency of my performance. I have worked hard and done my best at my job since I joined the Army.

"I am proud of being in the NZ Army. They have welcomed me to their whānau although I am not from here."

"I am one of the first Indian soldiers in the NZ Army. I think that there are people who are interested but are hesitant to apply for the Army because they are from different cultures or because English is not their first language. I would like them to know that the

Army welcomes anyone regardless of their cultural or religious background."

Private Bajaj said he thought the Commonwealth was lucky to be led by the Queen for 70 years.

"She is an amazing monarch, serves us all well and appreciates the service of the Commonwealth military forces."



Private Gautam Bajaj marches down London's The Mall at the Queen's Platinum Jubilee Pageant.

## Good luck to Mau'u as he heads to Birmingham fight

**Super heavyweight boxer Lance Corporal La'uila Mau'u has been selected to represent New Zealand in boxing at the 2022 Commonwealth Games. The games begin in Birmingham towards the end of this month.**

LCPL Mau'u, a Youth Development Unit - North section commander, was selected for the Birmingham team after missing out on qualifying for Tokyo.

He competed at the 2020 Asia Oceania Olympic Qualifiers, beating his Tajikistan opponent but went down to Australian Justis Huni who went on to place second at the competition.

Previously based in Burnham, he trained with the Burnham Boxing Club, spending most days in the ring training and honing his skills.



# NZ ARMY BREAKS NEW GROUND IN NEW CALEDONIA EXERCISE

The New Zealand Army has returned to field training in the Pacific after two years spent protecting New Zealand's borders from Covid-19, participating in the French Armed Forces New Caledonia (FANC) multinational Exercise Tagata'toa for the first time.



Also working alongside an Australian Army detachment, the 34 personnel from Linton-based 1st Battalion, Royal New Zealand Infantry Regiment (1RNZIR) trained and rehearsed for a wide variety of contingency operations, ranging from disaster relief to combat operations over two weeks.

Commanding Officer of 1RNZIR, Lieutenant Colonel Logan Vaughan, said it was a worthwhile exercise that covered critical skills as well as interoperability with the Pacific Islands Regiment New Caledonia and the 6th Royal Australian Regiment.

"Our soldiers have thoroughly enjoyed the opportunity to exercise overseas with our French and Australian partners after completing two years of MIQ duties."

"Familiarising ourselves with other nations' tactics and equipment and then successfully conducting a high-tempo close country exercise as part of a French unit was an excellent learning experience and very rewarding."

The New Zealand Defence Force has a positive relationship with

the FANC, regularly participating in the biennial Exercise Croix Du Sud, the largest humanitarian aid and disaster relief exercise in the South Pacific, also with Australian Defence Force personnel.

Earlier this year troops from all three countries contributed to Operation Pacific Relief – Tonga which delivered immediate relief to the people of Tonga following the devastating Hunga Tonga-Hunga Ha'apai eruption and tsunami.

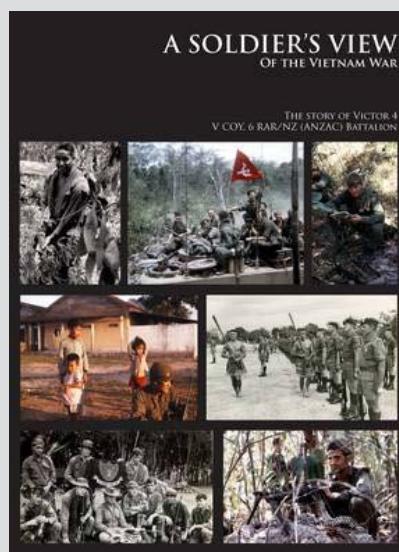
New Zealand Army Land Component Commander, Brigadier Hugh McAslan, said the exercise was a welcome opportunity to re-establish French, Australian and New Zealand engagement and relationships.

"Multinational exercises like Tagata'toa give us the chance to test and train together to refresh common operating procedures and interoperability, which is crucial to being on the front foot when we're called on to provide support to real life security and stability or humanitarian aid and disaster relief operations."

**"Our soldiers have thoroughly enjoyed the opportunity to exercise overseas with our French and Australian partners after completing two years of MIQ duties."**

- LTCOL Logan Vaughan

## A Soldier's View of the Vietnam War



In 2012 the members of Victor 4 Company, Vietnam 1969–1970, published a book written by them, telling their stories for their families and friends of their one year of Active Service, book ended by six months in Malaysia and six months in Singapore before returning to New Zealand.

*A Soldier's View of the Vietnam War* is a limited-edition, coffee table style book of 325 pages, 149,000 words and weighs 1.8 kg.

In August of 2021 Pete Ramsay BEM, originally from Nelson now living in Perth and a Section 2IC in Victor 4, was approached by his employer who offered to sponsor the conversion of the book to an Audiobook. Pete was accepted by the sound studio as being a suitable narrator and after 30 hours of recording, finished an audio version which spans some 11 hours and 40 minutes.

Various other narrators, Pete's three daughters and his wife Bev, were used to read their original contributions, and other female contributors include former Prime Minister Helen Clark. Two leaders from the Perth based Ngaru Pou Māori Culture Group read and translated Māori text and read the eulogies written by whānau.

Pete's motivation to convert the book was to bring the stories of Victor 4 Company into step with technology.

"A young person of today may not source a hard copy of that weight but will, using technology "plug and play" so to speak."

Pete has already had an example of the advantage of the audiobook where an ex-1RNZIR soldier who has motor neurone disease and is unable to lift and turn pages, has been able to listen to the complete book from his motorised wheelchair on his iPhone.

*A Soldier's View of the Vietnam War* was uploaded prior to Anzac Day this year and is also available as an eBook and in hard copy form.

Proceeds from the sales will be managed by the V4 Book Committee and they will koha it to veterans in need.

Links to the book in its three formats can be found on the Victor 4 Company website [www.v4coy.com](http://www.v4coy.com) ONWARD

# SUCCESS AND HONOUR FOLLOW HEARTBREAK

*Ko Motatau me Tihirau ngā maunga*

*Ko Ramarama, me Whangaparaoa ngā awa*

*Ko Ngāti te Tarawa me Kauaetangohia ngā hapū*

*Ko Ngāti Hine, me Whānau-a-Apanui ngā iwi.*

*Ko Ngatokimatawhaorua me Tauira mai tawhiti nga waka,*

*Ko Leigh Albert ahau, he uri o Rahiri me Apanui.*

By Chelsea McRae,  
Otago University

**Being awarded the prestigious Ngārimu VC and Māori Battalion Scholarship has humbled a University of Otago medical student who has defied heartbreak to make her dream a reality.**

From being told as a young woman she was not cut out to make it as a doctor, to losing her partner, and father to her children, in tragic circumstances Leigh Albert has dealt with more challenges than most.

Despite these, and years of hard work in between, the third-year Bachelor of Medicine Bachelor of Surgery student and Platoon Sergeant with the New Zealand Defence Force (NZDF), says she has only ever wanted to be of service.

"This scholarship is associated with academic prestige and courageous fortitude, and I am humbled to be named alongside so many respected past recipients. It has certainly left me truly speechless."

The scholarship was founded in 1943 to commemorate the bravery of Ngārimu, and the other members of the 28<sup>th</sup> Māori Battalion, whose lives had been lost in World War II.

Out of nine recipients per year, only three are given to undergraduate students.

Usually, the scholarship is awarded at Parliament but this year the ceremony took place at Te Whare Rūnanga, Waitangi Treaty Grounds, where the battalion departed from.

"The whare we were in was also special, my grandfather was one of the carvers and my grandmother weaved the tukutuku on the walls."

The name 28<sup>th</sup> (Māori) Battalion and Ngārimu VC are synonymous with sacrifice – they denote hardship, trauma, and loss. With it they also denote mana, pride, tikanga, courage, commitment and outstanding examples of leadership, she says.

"In what could only be described as the scariest and hardest moments of any soldiers lives their



particular examples forever shaped the projection of Māori into the future and from their moments of extraordinary heroism the world's eyes fell on our whenua, and they have never left."

The mum of three has served 18 years and counting in the NZDF, currently serving as Platoon Sergeant, training soldiers in the summer.

"The military taught me more lessons than I at times wanted to learn, but my service has given me more experiences than I could have possibly imagined."

Even with her years of training and military experience, including helping in the aftermath of the 2011 Christchurch earthquake, there was one event Leigh could never have been fully prepared for.

In early 2018 at Cable Bay she lost her partner and soulmate.

Her partner Wairongoa took their tamariki and their niece and nephew up to Cape Reinga to celebrate their daughter Māneā's birthday.

On the way back, they decided to stop off at Cable Bay for a swim.

While playing with a boogie board in the shallow waves, Leigh's twin sons Tawhiri and Sam were swept out to sea by a surprise rip tide. Tawhiri held tightly to Sam and kept him afloat.

"Māneā all of 11 years old heard her brothers' screams, jumped in to save them but was pulled under. Wairongoa tried to save her and drowned. All four were pulled out. Māneā was revived and is here with us today. But my daughter's birthday is my partner's last. He and I gave her life on the same day 11 years apart."

Leigh and her family took a year to focus on their healing, but then

with the deployment aspect of her career on the backburner and her family drastically altered for life, she had some decisions to make.

She recalled being told in school, by a teacher she admired, that while she was a nice kid, she wouldn't make it as a doctor.

"That had been a blow. I had always wanted to be a doctor but thought I wouldn't make it."

But she had finally reached a moment in her life that the fear of failure no longer fazed her, so with her whānau, close mates and boss' support she applied for Otago Medical School and got in.

With children in tow, family support and fierce determination, Leigh arrived in Dunedin ready to take this new chapter with both hands.

Starting in 2020 at the beginning of the Covid-19 pandemic threw another curve ball her way.

"I had three kids to home-school and only two computers at home. The kids all had Zoom classes and so I couldn't be online at the same time. My study would start at 9pm and finish at 3am. I had to work out of sync with the kids so I didn't disrupt their learning."

"I needed extra help with chemistry and I got in touch with a tutor from the Māori Centre who was now based in England – the timing really worked with my late night study hours. I had another amazing lecturer who would give me one-on-one help in the evening, painfully taking me through everything I needed to know," laughs Leigh.

Now in her third year she is a recipient of the 2021 Dean's Commendation, Māori Health Representative on the Students of Rural Health Association, Mataamua for the Torea Whānau



through the Māori Centre, she mentors other students, is still a Platoon Sergeant in Dunedin and a māmā to three teenagers.

Leigh is looking forward to 2023 where she will begin a new journey in her study working hands-on with patients and continuing to make a difference to peoples lives.

"Wherever my journey leads me, I aim to be of service, to advocate for those who need help, to use the lessons afforded to me by my experiences."

Her overall goal, however, is simple: to be the example of what hard work looks like.

"To show that even in our greatest of despairs and weaknesses, we can be stronger beyond measure. This goal is for my tamariki and each day is for them. That they will know irrespective of the experiences which have laid

them low, they have the ability to carve a place for themselves and that my steps will forever show them how."

"Nunui te aroha kia koutou ōku tamariki. Na reira kua mutu aku kōrero I tēnei rā, nga mihi kia koutou e huihui nei, tena koutou, tena koutou, tena koutou katoa."

- <https://www.education.govt.nz/further-education/information-for-tertiary-students/scholarships/ngarimu-scholarships/>

- <https://teara.govt.nz/en/biographies/5n9/ngarimu-te-moananui-a-kiwa>

# CAREER MANAGEMENT CORNER

## Short Notice Releases

DACM have been experiencing a high number of requests for short notice release over the last six months. A short notice release is one that occurs when the soldier gives less than the required three months' notice. Soldiers need to be aware that a short notice release is not a right and needs to be approved by several Command levels before it can occur.

In some cases, the notice given has been as little as two weeks or less. The end result is that some soldiers are being released with the necessary release medical and dental checks being waived,

because there is insufficient time for the DHC to complete them, which could be detrimental to the soldier. Career managers and administration staff in DACM and HRSC have also, at times, been unable to process the soldier's release in the timeframe desired by the soldier.

To help address this issue, as soon as a soldier has indicated they want to take their release, commanders are asked to get the soldier to complete the release action on ESS as soon as possible (the release can always be reversed if the soldier changes their mind). This sets in motion the release process and allows

various administrative actions to commence. Those soldiers seeking release should always be advised on the importance to get the medical and dental checks completed before they leave to ensure they get any health care completed if required.

## Key Dates

12 August 22

Applications (AFNZ 413D) for Officer Selection Board 2 (OSB 2) due at DACM

15 August 22

Kippenberger Scholarship Scheme 2023 applications due at DACM

12 December 22

NZ Army Posting Date

## For more information:

Army Career Management Intranet Site:  
<http://orgs/sites/armint/I-0001/>

Contact us at:  
[DACMRegistry@nzdf.mil.nz](mailto:DACMRegistry@nzdf.mil.nz)

# Need help with Literacy and Numeracy (LN)?

## ALL Army pers:

Literacy and numeracy e-learning awareness courses – all personnel should be encouraged to access them. They are available via the NZDF Defence Learning Management System (DLMS) "Search Catalogue" using the following codes:

1. D85012 Literacy and Numeracy for Command Teams
2. D85013 Literacy and Numeracy for Instructors
3. D85014 Literacy and Numeracy for NZDF personnel

## Improve your own LN skills:

- Inside NZDF
  - access course #3 above
  - get individual help from NZ Defence College learning tutors once you've completed the referral form in the Learning Toolkit > Learning Resources > Literacy and Numeracy assistance.
- Non-NZDF provider: <https://pathwaysawarua.com> – this is a free resource available to any New Zealand adult who wants to improve their reading, writing or maths skills, for work and for life. There are also four applied learner pathways that deliver content for driver licences, safety requirements for the workplace, and personal money management, while at the same time strengthening literacy and numeracy competencies.

## Support your soldiers

- View the Command Teams and/or Instructors courses (above) and use the suggestions.
- Make a unit-referral for your soldier(s) to get individual help from NZ Defence College learning tutors once you've completed the referral form in the Learning Toolkit > Learning Resources > Literacy and Numeracy assistance.
- Check out the LN and applied pathway options for your soldiers at <https://pathwaysawarua.com>



New Zealand marked National Volunteer week in June. Army News spoke to one of our inveterate volunteers – Corporal Paddy Whare.

# LENDING A HELPING HAND

## CPL Paddy Whare

When dozens of in-need people sit down to a three course meal in the Everybody Eats programme, Corporal Paddy Whare can often be found out the back doing dishes, a job she has volunteered to do.



"I know not everybody likes doing dishes but I don't mind. As a soldier I'm used to getting stuck in!"

CPL Whare, who is now based at The Army Depot in Waiauru, has been nominated as an NZDF Volunteer of the Year.

Putting her hand up to volunteer for the jobs few people are keen to do comes easily to her.

"I have some sort of personal or family connection to all of my volunteer groups. I think that's what has inspired me to keep going."

Twenty-odd years ago CPL Whare and her young son were taken in by Women's Refuge.

"I was going through some not so good stuff and they looked after us. I decided years later that I wanted to give back to them so I'd collect for them during their street appeal."

CPL Whare is also a staunch advocate for breast and cervical screening.

"I lost my sister-in-law to breast cancer, and she left my brother with young twins. I also had a cousin die from breast cancer. I decided I'd do whatever it takes to draw attention to the importance of mammograms." She had her hair shaved to draw awareness and raise money for the breast cancer appeal.

"I want women to know that it's OK to be scared when you find a lump. Just don't ignore it."

She is a rugby league fan, and supports various teams, training as a strapper so she can do more than yell support from the sidelines.

CPL Whare says she enjoys doing the dishes at the Everybody Eats dinners because it means people who need it have had a decent meal for whatever they can afford to pay. "Our friends from the streets might just pay 10 cents but it's great to see them eating and being part of the community."

"We need volunteers in our society so that we can get things done. It's a really good feeling when you see a positive outcome."



***"We need volunteers in our society so that we can get things done. It's a really good feeling when you see a positive outcome."***



# EX CRETE II SHAKES OUT NZ SCOTTISH SQUADRON

By 2LT Hugo Mendez

**QAMR's New Zealand Scottish Squadron (NZ Scots Sqn) deployed on exercise recently as a complete Squadron for the first time since the beginning of Op Protect commitments in July 2020.**

For many of the soldiers it was their first taste of being fully tactical with NZLAV. It was also a good opportunity to see how Op Protect had affected us and get an accurate gauge of our actual performance. The two weeks in the field were broken down into live firing and a tactical exercise.

The mounted live firing from the NZLAV was at Couzens Range, the first exposure to this range for many crews. It was refreshing to be shooting in some new scenery with different targets. The Squadron focused on basics with individual vehicle drills. For a few of the crew commanders across the Squadron it was their first time commanding since their crew commander's course and they were eager to step into their new role. Once zeroed, we moved to a static firing line and the crew commanders had the freedom to sequence the shoots. This allowed them to focus on what their gunners needed to work on as well as develop their crew's cohesiveness, which they would need for the stabilised shooting to follow.

The stab track is where we can drive the vehicle and use the stabilised cannon simultaneously engaging targets out to 2,400m. As most of the crews had never fired at Couzens range before, target acquisition was more difficult, with gunners and crew commanders having to work hard to get onto each target. Each crew got multiple runs down the stab track and throughout the day you could see the cobwebs from Op Protect getting blown out. The Squadron finished the mounted live firing with some troop fire control orders practising synchronising all the troops' vehicle fires to achieve different effects on the targets.

The Squadron also conducted small arms live firing at Manning and Old Class range focussing on marksmanship foundations using instructors recently qualified on the CCSP instructors course, and culminating in Glock and MARS-L weapon qualifications.

Before transitioning into the tactical exercise, a low activity day for the drivers was conducted. This saw a squadron leaguer at Lake Moawhango, where the Squadron and Tp HQs conducted mission appreciations and delivered orders. For most of the soldiers, it was an opportunity to conduct vehicle servicing and enjoy some well-deserved rest. A few trout were caught and smoked to add some flavour and variation to the ORP diet.

Over the next five days the Squadron conducted dispersed Tp tactical tasks by day and night, including sector clearances, screens, observation posts, quick attacks and break contact drills. It was an excellent opportunity for the Tps to start incorporating the RPAS, a fairly new asset. The recently qualified pilots showed just how increased situational awareness reduces risk in many situations. A simple fly over was not only faster than some traditional drills, but also did not place soldiers in a physically compromised situation. Overall the tactical exercise was a great opportunity to shake out and show us the delta between how good we

were and how good we thought we were. It was clear Op Protect had created significant skill fade, however, over the five days the troops showed vast improvements and highlighted where future training focus will be.

Unfortunately even operating NZLAV in Waiouru the Squadron suffered some Covid-19 casualties, resulting in reduced numbers. While unfortunate for those being returned to isolate, it provided the opportunity to consolidate the remaining personnel into a doctrinal six vehicle NZLAV troop and gain some good experiences working within a larger force element than usually resourced.

Overall Ex Crete II was a good return to training activity. It was refreshing to finally return back to being soldiers and doing the thing we joined up to do. While it was clear that two years of Op Protect has had some effect, we now clearly know the future training focus for the Squadron.





# URBAN TRAINING POLISHES 5/7 SKILLS

By Sergeant Caroline Williams

**Soldiers and officers from 5/7 Battalion, Royal New Zealand Infantry Regiment spent a weekend recently honing their urban operations skills at Linton Military Camp's Urban Container Village.**

Exercise Petone, based on security and stability operations (SASO) training, included introductory level urban operations for the Reserve Force soldiers.

"Covid-19 has been our greatest challenge as a company," said LT Emily Eastgate, a platoon commander with Wellington Company. "Many of our soldiers have not conducted urban training since 2020 so going into Exercise Petone meant our training plan had to be conscious of potential skill fade."

Lessons were given in a round robin format covering urban patrol, building entry and clearance, and an introduction to Mini-SEAS night vision goggles and PEQ-15 laser aiming device.

LT Eastgate said the company is extremely lucky to have several highly experienced police officers serving who were able to impart some of their skills in the urban training which was invaluable.

The final part of the weekend involved a battle handling exercise where soldiers were given the opportunity to test the skills practised throughout the weekend. Later in the year they will take part in Exercise Thorndon 22, based in the Wellington region, when their urban training will be further developed.

SSGT Pio Ailao, Wellington Company cadre NCO, said that the main challenge for soldiers was preparing their mindset to transition from conventional (close and open country) to contemporary (urban environment) warfare.

"However, soldiers achieved a good understanding of using the MOE kit (method of entry tools) to gain building entry, and worked well together as a team," he said. SSGT Ailao added that the mental attitude the soldiers develop in their training, and the team-skills can be taken into any work environment to develop good team cohesion.

# RAIN DOESN'T DAMPEN ELECTRONIC WARFARE SIGNALS

By Charlene Williamson

**Hounded by the rain and cold weather soldiers from the Junior Electronic Warfare Course recently completed their final exercise at the Dip Flat training area in Marlborough.**



Exercises Hades Gate assessed students' abilities to perform the duties of an Electronic Warfare Operator in a dismounted role in both open and close country.

Electronic Warfare (EW) includes any military action involving the use of electromagnetic spectrum and directed energy to control the electromagnetic spectrum and to deceive or deny opposing forces the ability to use the electromagnetic spectrum.

EW operators provide early indicators and warnings and near real-time threat-to-life tactical tip offs to a supported tactical Commander, contributing to force protection and situational awareness in the battlespace.

EW operators also provide surveillance on named and target areas of interest to provide intelligence and information to satisfy command information requirements, cross-cue higher level reconnaissance and surveillance assets and to conduct battle damage assessment.

Signaller (SIG) Ariel Kelman said following multiple weeks in the classroom, being out in the field and seeing how things worked hands-on was great.

"We got to see how everything we had learned fitted together, and how vitally important each role is for an EW Operator."

Her role in the exercise was as the operator where she was just one part of a critical role the detachment filled in order to get the job done.

"It is often hard to stay positive when you're soaking wet, cold and barely had any sleep, but the detachment I was in always picked someone up when morale may have been questionable."

"Your mate left or right of you probably feels the same way but a cheeky smile or joke will brighten even the worst day in the field," she said.

SIG Kelman said she learnt a lot about herself while on the exercise and what can truly be achieved beyond what she thought she was mentally capable of.

"Being comfortable out of your comfort zone was something I learnt while on Hades Gate. Being part of a close knit detachment in the field definitely helped me get though, it's just one of the many things you can achieve when you're in a team environment, and everyone is supportive of each other."

"Technology is the future, which is one of the reasons why I chose to be an EW Operator. It meets aspects of developing different technical capabilities as well as not always being an office job."

"I have loved learning about how to operate the apps on the laptop and how crucial information collected turns into vital intelligence gained."

"The whole process of the intelligence cycle, how everything is collected and processed into intelligence is awesome," said SIG Kelman.

Soldiers on the exercise utilised a number of skills including operating the newly taught EW systems and military specification communications systems, through to living in a field environment in adverse weather conditions, and reacting to enemy contact.

Sig Grayson Cooke was tasked with the role of the Signaller on Exercise Hades Gate, which left him in charge of the 117G and 119 radios.

"This involved making sure it was correctly programmed with the right frequencies and cryptographic fills and maintaining communications at all times."

He said he enjoyed physically being on the tools and applying what they had learnt over the nine weeks of the course, whilst under the pump.

"There is a certain flow that happens when you are operating on

the kit and managing two different radio systems all at the same time, it's truly satisfying when you get a good flow going while on shift."

"The most challenging aspect was fighting for communications when the weather turned sub-par, it's all well and good when it's sunny and light outside, but there were moments where we struggled to send information back whilst the rain was relentlessly harassing us," said SIG Cooke.

He said he specifically remembers a moment around 1am where communications were lost and they would miss timings if they didn't establish them again.

"I had to push up this hill in the pitch black, pouring rain, to try get comms back to the EW Coordination Centre. After a good amount of time we finally struck gold and I was finally able to hand over and go to bed."

"Don't get me wrong, I loved every second of it."

SIG Cooke believes that Electronic Warfare is the future of warfare.

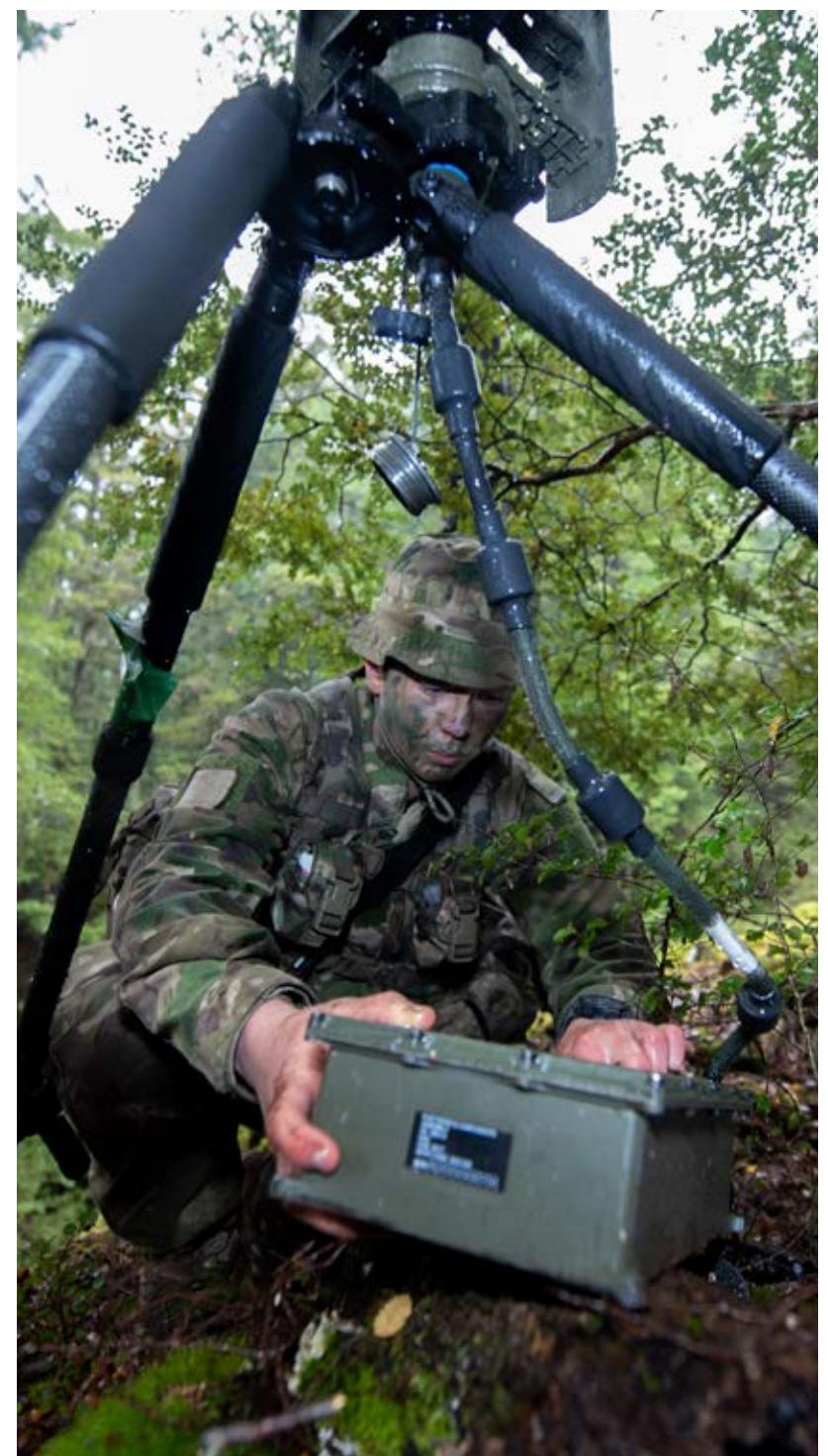
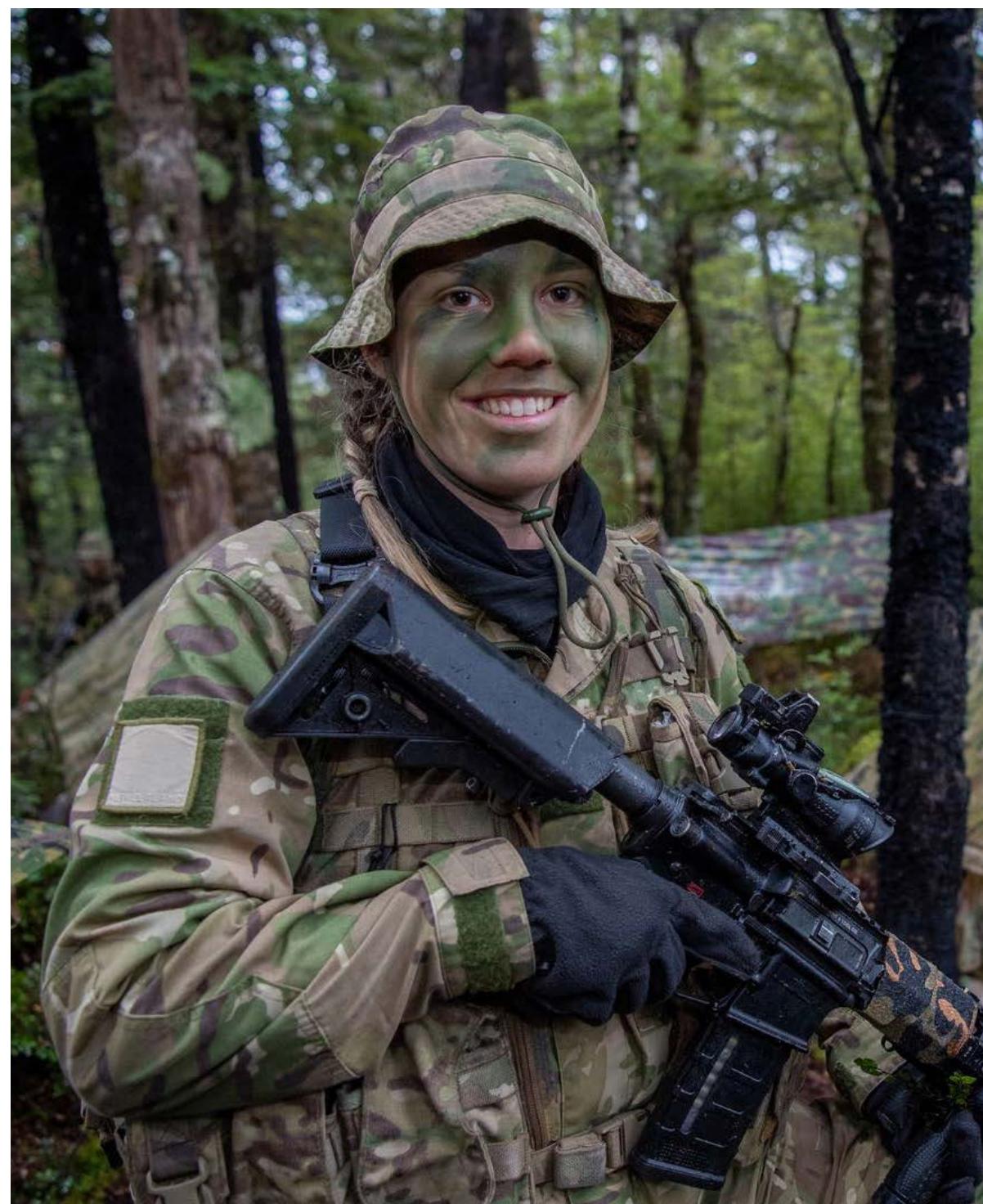
"Technology is forever evolving and at exponential rates, and this job aims to keep up with modern times and is directly applicable to modern day battlespaces."

"On course, I have learnt a great deal about the electromagnetic spectrum and the theory that comes with it, and I've only just scraped the surface."

"There is so much more to be learnt and even more that isn't yet discovered."

While Electronic Warfare trade skills can be taught on courses, EW Operators require high levels of physical fitness, self-motivation, resilience and team work.





# SIGNALS SKILLS TESTED IN TEKAPO

By Charlene Williamson

**Soldiers from the Royal New Zealand Corps of Signals were in Tekapo recently on Exercise Bassett Black, where their most recent Corps training was tested.**

The final exercise of their 99 day Corps training was designed to test the skills they have learnt as well as assessing how they work as both individuals and as a team.

Officer Commanding 4<sup>th</sup> Signals Squadron, 1<sup>st</sup> Command Support Regiment Major Frazer MacDonald said a wide range of skills were assessed.

"Students were assessed both individually and as a team. Ultimately we wanted to ensure that they were able to work as part of a Communication and Information Systems (CIS) detachment in a tactical land environment."

"In addition to this a wide range of skills were utilised, including establishing secret computer networks, troubleshooting tactical radio networks, erecting satellites, responding to vehicle ambushes, establishing Command Posts and demonstrating competency on network applications such as SitaWare."

Traditionally run by the School of Signals at Linton, this is the first time in nearly 10 years that the Corps training has been run by 4<sup>th</sup> Signals Squadron based in Burnham.

"The change in delivery has meant students have been taught by unit members and have been able to see firsthand what their respective trade does day to day and how a unit operates," MAJ MacDonald said.

Signaller Patricia Gilvray, a Radio Frequency Technician, said working as a detachment and moving around the Tekapo Training Area was her role in the exercise.

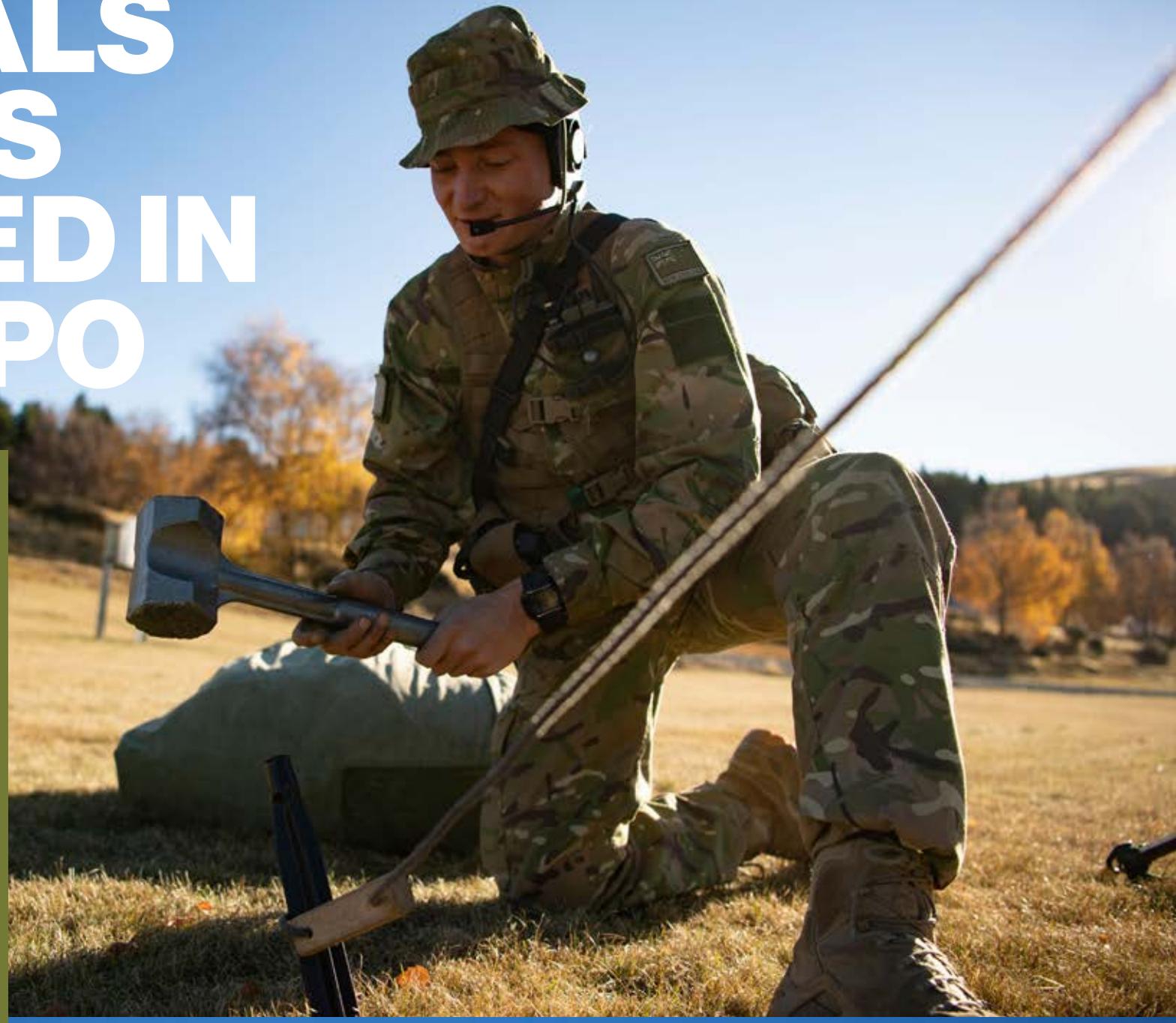
"I enjoyed the combat radio assessment the most. I learnt how our Corps provide service to Army through different means or methods such as combat radio, computer helpdesk and command post support."

"I am now really looking forward to being posted to my unit and integrating with a detachment on future exercises and operations," she said.

Signaller Blake Maddren-McMahon, an Electronic Warfare Operator, said the highlight of Corps training has been connecting with fellow Corps trainees.

"I have also enjoyed learning how to operate the different radios, and the hands-on phase such as antennae and line."

"The course has set a high standard for being a signaller, as well as a soldier in the New Zealand Army," he said.







# CHEF AND STEWARD TRADES

## 112 YEARS OF LOYAL AND DEDICATED SERVICE

**The New Zealand Army chefs and stewards have been a vital part of soldiers' lives since the day of their enlistment.**



Seven days a week, 365 days a year, in both the garrison environment and operationally they have fed all ranks whether it be daily meals at the mess, formal functions or through nourishing hearty meals in the field.

On 30 June 2022, after 112 years of service, the chef and steward trades of the NZ Army were discontinued, making way for the establishment of a new Caterer trade that combines both. The establishment of a single Caterer trade allows for sustainable, operationally focused, and structured delivery of integrated commercial catering services to the NZ Army.

The chef and steward trades date back to the New Zealand Army Service Corps (NZASC) which was established in 1910, later becoming the Royal New Zealand Army Service Corps (RNZASC). The prefix 'Royal' was approved in recognition of the trade's service during World War II. The RNZASC was instrumental in training and instruction of cooking, service of meals, ration scales and meal planning.

The Army Catering School was established in Waiouru in 1948 and is still there. In its 74-year history the school has undergone five name and command changes and is today known as the Defence

Catering School (NZ) where it continues to train our Army caterers in the art of cooking.

In May 1979, the RNZASC regrouped and the trades of chef and steward became part of the Royal New Zealand Corps of Transport (RNZCT) where they saw active service overseas, notably in the Asia Pacific Region.

In 1996 the establishment of a fully integrated logistic function meant that the RNZCT, the Royal New Zealand Army Ordnance Corps (RNAOC) and the Royal New Zealand Electrical and Mechanical Engineers (RNZEME) were disbanded and the Royal New Zealand Army Logistics Regiment (RNZALR) was formed where the chef and steward trades remained until now.

Operationally, chefs and stewards have been deployed on a variety of missions around the world including the First World War, WWII, Korea, Vietnam, Timor Leste, Afghanistan, Iraq, Somalia, Bosnia, Bougainville, and Solomon Islands.

In recent years our chefs have been integral in providing support and feeding the masses when called upon for natural disasters domestically, including the Christchurch earthquake in 2011, the Kaikoura earthquake in 2016 and most recently the West Coast floods in 2021.

In 2018, the Army Management Board directed that an operationally focussed and sustainable catering trade be developed that combined both the current chef and steward trades. The chef and steward trades of the NZ Army were discontinued on 30 June 2022 and the Caterer trade established as at 1 July.

The establishment of the new caterer trade creates depth, allows for growth and the enhanced delivery of food safety, nutrition, personnel support services, compliance and governance to the force. The new integrated catering services model ensures that the messes will remain open whilst military staff attend courses, exercises and operations.

Chief of Army Major General John Boswell, said he wanted to congratulate the members of the RNZALR on the formation of the new Caterer trade.

"Having experienced the absolute professionalism of our chefs and stewards I am always impressed by their dedication to their trade."

"We are entering a new era for Army catering and I am confident that the new Caterer trade will continue on the excellent traditions and work that our men and women have been doing for more than a century," he said.

Regimental Colonel RNZALR, Colonel Esther Harrop said she



wanted to congratulate members of RNZALR on the formation of the new Caterer trade.

"The history of service of those who served as chefs and stewards within the NZASC, RNZASC, RNZCT and more recently the RNZALR is extensive – and speaks of over 100 years of dedication, professional commitment and of course tradition of excellence."

To mark the discontinuation of the Chef and Steward trades after 112 years each Army Camp celebrated the trades and in turn welcomed the new Caterer trade with the planting of a trees and time capsule in each location.

Caterers from CSS Company North in Papakura planted a kowhai tree and acknowledged the four Matariki stars - Waiti, Waita, Tupuanuku and Tupuarangi which are the stars associated with kai (food).

Defence Catering School New Zealand in Waikouaiti planted a native mountain horopito and buried a time capsule which holds Catering School memorabilia from both trades.

Linton Catering Platoon planted a lemon tree which symbolises the tenacious traits of those who serve in catering, and stands to see the trade continue in longevity.

In Trentham COL Harrop and previous Regimental Colonel COL Steve Piercy planted a tree

in recognition of the trades. Past and present Senior Trade Advisors Catering and Supply LTCOL Tony Harding, LTCOL (Rtd) Roz Michie and a small group of personnel, including the longest serving Steward in the Army of 49 years, Major David Ackroyd, gathered to bless the tree, place soil around the base and to toast the trades.

Burnham Catering Platoon planted a South Island kowhai, two feijoa trees, lemon tree and a lime tree. There was also a time capsule dug in – this included a platoon photo, a bottle of Port, a chef's jacket with comments on it, a steward vest, a wine knife and a photo of the current layout of the Burnham Camp.

From July 2022, Compass Group – ESS assumed responsibility for the provision of Front of House (FoH) and selected Back of House (BoH) and General Hand (GH) services at Linton, Burnham and Papakura Camps.

"Ka pai ki muri ka pai ki mua" The foundation which has been created in the past will help to move us forward towards a brighter future.



*COL Esther Harrop and MAJ David Ackroyd in Trentham.*

# 3/6 RNZIR EX CASSINO HITS WAIOURU

**By Captain Barry Samu  
OC Waikato Company,  
3/6 Battalion, RNZIR**

**Personnel from 3/6 RNZIR relished the opportunity to come together as a battalion for the first time in many months to conduct Exercise Cassino in the Waipoua Military Training Area recently.**

The training followed long periods of Covid-related disruptions and a significant commitment to Op Protect.

Exercise Cassino is the annual weapons qualifications focused on HE natures, Grenade, M203, M72A6 and 84 CG M3. The exercise plays an important part in 3/6 RNZIR's ability to meet directed Reserve Force outputs by achieving BLOC compliance requirements.

Bringing 3/6 RNZIR together again in Waipoua seemed surreal after a long period of time unable to gather and train together as a battalion. For our soldiers and officers, both Reserve Force and Regular Force, it was a great feeling to be back together training at Army's spiritual home.

Led by the battalion training wing and held at the Grenade and the Anti-Armour ranges, the training was well planned and attended by a total of 87 personnel from the Battalion (80 ORs and seven Officers). The battalion was pleased to see this many turn out and is determined to build on it for future training activities as we rebuild 'in-person' engagement following the disruptive experiences of Covid. The battalion was extremely pleased with the high number of qualification rates across all trained weapon systems.

Coming together again highlighted the positive morale impacts and results that can be produced when we co-locate from across the battalion's AO of the Far North, the Greater Auckland area and Hauraki (Waikato and Bay of Plenty) regions.

As the battalion now adopts a new training cycle and approach, our way of training is designed to set conditions for us to come together as often as possible, to pull our resources together, and collectively build our combat capability.



## NZ Army Quiz

**How well do you know the NZ Army?  
Take our quiz to find out.**

1. Name the five trades that form RNZ Signals
2. Name the three trade streams for Intelligence Operators, NZIC
3. In what year was QAMR established?
4. What are the names of QAMR's two Sabre Squadrons?
5. What does the acronym MBGD MSSS stand for?
6. How many 25mm rounds does the NZLAV M242 cannon hold in the ready bins?
7. What is the range of the L119 light gun?
8. What is the Polaris MRZR?
9. How long has the MFO been in the Sinai?
10. Which unit in the NZ Army has the motto *Kia tu karateke, aratakinā i te mohiotanga?*



**Answers:**

1. Electronic Warfare Operator (EWOP); Information Systems Operator (ISOP); Operational Support and Information Specialist (OPSIS); Radio Frequency Technician (RF Tech) (recently changed name from Communication; Systems Operator – CSOP); System Engineer (SE); 2. Combat Intelligence and Security (CS); Defence Human Intelligence (Defence HUMINT); Geospatial-Intelligence Analyst (GA); 3. 1864, the oldest RF unit within the NZ Army; 4. New Zealand Scottish Squadron, and Wellington East-Coast Squadron; 5. Multi-Barrel Grenade Discharger, Multi Spectrum Screening Smoke; 6. 210 total, 150 primary and 60 secondary; 7. 11.4km; 8. A vehicle; 9. 40 years; 10. Army Command School.

# TRADE CHANGE PROVIDES BETTER FAMILY BALANCE

**Emergency responder Sapper Tom Motley wanted to spend more time with his family than his former Army role allowed.**

Rather than put his papers in he decided to trade change, "and I've never looked back," he says.

SPR Motley joined the NZDF in 2009 as a qualified carpenter and posted directly into 25ESS, 2ER.

Two years later he joined the Military Police where he was for eight years. He has been an Emergency responder for two years.

"My main decision to trade change to Emergency Responder was family orientated in that I needed to find a way to effectively cover school holidays. There was just never enough leave to cover school holidays, 2ERT gave me that life line in the form of shift work. I could work a night shift and a weekend and have four week days off without chewing into annual leave. This also assisted greatly with my partner's time management and we could finally get a period of time off all together. Shift work isn't for everyone but if you're family-orientated and don't mind working the odd weekend you can't beat it.

"Being an Emergency Responder means that you are in a permanent state of readiness day and night when you're on shift. Once you settle into that it becomes routine and you calmly do your job. This works in your off-station life too. I have become more relaxed, fitter, happier and more focused than



I was with the Military Police. Being an Emergency Responder is a real-life job straight off firefighter basic training, you're out there making a difference on day one.

"There are challenges with being an Emergency Responder. You will see, hear and smell some things that may disturb you. There is a solid welfare plan in place to assist with that. You work in a close knit section of four to six people of different ages, sex and ethnicity so being a people-person is of benefit, as is a sense of humour. There can and will be quiet periods so self-motivation is a must.

"I have undertaken a three-year diploma in construction management that I can work on in quiet periods. On my days off I am building a new family home saving hundreds of thousands of dollars. For the ability to learn/study whilst earning there's no better job. If you're sport-orientated there is ample time to train with an on-station gym and running machine.

"Our training is largely driven by Fire and Emergency New Zealand (FENZ). They require constant updates and competencies which are recorded on a framework called OSM, which is where we take our lead. It can be as simple as basic radio RATEL, to a complex extraction of a patient from a

multi-vehicle collision incident at night. All training is up to date, best practice, planned, safe and directly relative to how you work. It enhances skills, confidence and competence – which saves lives.

"If you want to make a real difference in a dynamic environment with a great like-minded team whilst having a fantastic work/life relationship, being an Emergency Responder is for you."

# 2023 INVICTUS GAMES



**In 2023, the New Zealand Defence Force (NZDF) will send a team of 22 athletes to the Invictus Games in Düsseldorf, Germany. The team will consist of both serving and ex-serving men and women of the NZDF.**



Major General (MAJGEN) John Boswell, DSD, has been appointed the new Head of Mission for the 2023 team.

"The Invictus Games is an inspiring event and it is an absolute honour to be appointed the NZDF Head of Mission.

"I am really looking forward to getting together with the team and supporting them in any way I can, to get the most out of this very special event," he said.

The NZDF did not send a team to the 2022 Games in The Hague. In mid-2021 the NZDF Adaptive Sport Committee made the decision not to participate in The Hague Games and instead concentrate efforts on Düsseldorf.

There were a number of factors that came into the decision at the time including the continued uncertainty surrounding Covid-19 and the borders. They were also extremely conscious of the health and wellbeing of the athletes and their families so needed to provide them certainty.

It was decided at the time, those athletes who had been selected to participate in the original 2020 Games (which were deferred to 2022 due to Covid-19) would be afforded preferential selection, so long as there's been no substantive change in health status.

"The men and women who have been selected for the 2023 Games have already overcome significant challenges.

"How cool is it that they are now stepping up to the challenge that is Invictus. It is humbling to be in a position to support them as they prepare for the Games," said MAJGEN Boswell.

Under the motto "A HOME FOR RESPECT" the city of Düsseldorf, together with the German Armed Forces, will welcome around 500 competitors from more than 20 nations to compete in ten disciplines in September 2023.

Our team's journey can be followed on [facebook.com/NZInvictusTeam](https://facebook.com/NZInvictusTeam)

## NZDF SUMMER INTERNSHIPS 2022/23

**Are you a serving Reservist about to complete your university studies or are you preparing for a break between semesters?**

**Do you want to learn more about what the New Zealand Defence Force (NZDF) does in your area of study?**

The NZDF Summer Reserve Force Internship Scheme (RIS) will provide selected NZDF Reservists with an internship at a NZDF base across New Zealand. Interns will be placed where their individual skills can best be used while the intern will be exposed to opportunities to further a military or civilian career with the NZDF.

At the end of the placement, applicants will receive a final report/reference from their Sponsor Branch. The report is detailed and covers Position Title, Position Description, Experience Gained, Task/Projects completed, Skills Acquired, Strengths Displayed and a general comment from the supervisor.

### Eligibility Criteria

- 10 internships are available to current tertiary students who:
- a. are junior rank or junior officer Reservists from either the Navy, Army or Air Force,
- b. have completed more than two years' undergraduate studies or are undertaking post graduate studies,
- c. are available between 21 November 2022 to 24 February 2023 (individual start and finish dates are able to be negotiated to suit academic commitments), and,
- d. are not in paid full time civilian employment.

### Remuneration

- Interns will be paid in accordance with DFO 7.3.36 Reserves Full Time Duties noting:
- a. Interns are not to work in excess of five days/40 hours per week but may attend additional duty activities at Unit expense,
  - b. All public holidays are unpaid as Holiday Pay is a component of Reserve daily pay,
  - c. Interns are offered rations and quarters at the nearest military base to their place of employment at public expense. Packed lunches may be sourced through the mess but not subject to reimbursement if unavailable.

- d. Interns are offered a travel pass from their military accommodation to their place of work, if not located on a camp or base, and,
- e. Travel expenses to and from either university or home locations will be met by NZDF at the beginning and end of the internship.

### Administration

The Reserve Force Internship Scheme is managed by Defence Reserves, Youth and Sport (DRYS), 34 Bowen Street, HQNZDF, Wellington. For all queries please email [Reserves@nzdf.mil.nz](mailto:Reserves@nzdf.mil.nz)

### Selection Criteria

Applicants from any academic discipline will be considered.

#### 1. Security Clearance

Interns must have a NZDF (CV) security clearance prior to application.

#### 2. Application Process

- a. Applications will be made available from **06 June 2022** by email request to [Reserves@nzdf.mil.nz](mailto:Reserves@nzdf.mil.nz)

- b. Applications are to be endorsed and sent to [Reserves@nzdf.mil.nz](mailto:Reserves@nzdf.mil.nz) by the applicant's Chain of Command (OC/CO). Unit Commanders can endorse applications via email or by signature on the application form.

- c. Applications are to include:

- Completed application form (available by email request to [Reserves@nzdf.mil.nz](mailto:Reserves@nzdf.mil.nz)),
- Covering letter, outlining why you would like to work at NZDF on a Reserve Internship,
- CV – current, to include all academic, sporting and cultural achievements.

**Final day for applications:**  
15 August 2022.

*In an occasional series, Army News looks at units within the Army that are vital, but often fly below the radar.*

# DEPLOYABLE HEALTH ORGANISATION

**Semper Agens,  
Semper Quietus**

**Always Alert,  
Always Calm**

By Warrant Officer Class One Red Robinson

**The New Zealand Army Medical Corps' history dates back to colonial times (pre-1900) and was initially known as the NZ Medical Corps and constituted at the outbreak of WWI.**

However prior to that a Colonial Medical Corps existed in 1855 which consisted of volunteer surgeons who were appointed to three militia regiments in Auckland, Taranaki and Wellington. These surgeons could be rightly taken to be the founders of the Royal New Zealand Army Medical Corps.



The New Zealand Naval Medical Services dates back to 1919 when a Naval Hospital was built at Narrow Neck Camp Auckland and was used for the treatment of personnel who had contracted influenza during the 1918 Influenza pandemic. During WWI the hospital was also utilised to treat veterans who had returned from the battlefields overseas. During WWI and WWII Navy medics were assigned to Hospital Ships escorting naval flotilla transporting troops and equipment to shore-based battalions around the world. Today DHO Navy medical staff provide a shore-based medical service and are posted to ships under command of the ship's captain.

The Royal New Zealand Nursing Corps was established in 1915 from civilian nurses who volunteered for service during WWI and who were granted honorary officer rank. Until 1945 the corps was part-time only with personnel being called up for full-time service during times of war.

The DHO is a combination of doctors, nurses, medics, allied

health professionals and support staff from both the Navy and Army. It was established in December 2015, drawing from 2<sup>nd</sup> Health Support Battalion (Army) and Devonport Health assets (Navy). DHO have elements based in Devonport, Waiouru, Linton and Burnham with the HQ element based in Linton.

The health professionals who serve within DHOs ranks have contributed to every major conflict the NZDF has been committed to. They have been under fire, awarded gallantry medals, recognition and are prepared to save the life of a comrade in the most dangerous of situations.

## DHO's Mission: **What we do**

DHO is a multifaceted land and sea integrated joint support enabler that is tasked with the provision of health effects within the operational and domestic environment to keep the force alive.



## Function: **What we provide**

DHO is a unique organisation responsible for the provision to the NZDF of one of its most critical capabilities – Health Service Support. The following functions are just some of what it provides for the NZDF.

### Function 1 – Primary healthcare

This is the care personnel most often receive when they front at a sick parade or appointment at a Defence Health centre (DHC). Whilst DHC's and many of the staff within are not part of DHO, you will see DHO doctors, nurses and medics in this environment maintaining and enhancing these skillsets. These skills are also bought to the fore in the field environment in the form of a Task Unit Aid Posts or a medic providing a field or range cover.

### Function 2 – Combat Casualty Emergency Care

This is the sharp end of the sword for DHO health personnel. This can be truly lifesaving stuff. DHO personnel stay current in this space through a variety of training and simulation activities. They're required to meet annual competencies in this space. Soon you may even encounter DHO personnel on the streets doing road time on ambulances and some of you may have already encountered our doctors, nurses and medics in emergency and other departments within public hospitals.

### Function 3 – Force Health Protection

Yes, these are the guys and girls that work hard to protect us from the health threats you can't see. The diseases that are carried by animals, in our water or food or in materials that sit within the environments we find ourselves operating in. They're the unrelenting voice of "sleeves down" at dawn and dusk. They check and test your water sources, and your food suppliers to keep you from getting unwell. They inspect the kitchens, they assist commanders

with staying on top of field hygiene measures and provide advice on environmental risks. Throughout history disease, not battle injuries, have been the leading cause of combat ineffectiveness within operational forces and the people in this space work hard to ensure our combat power remains effective.

### Function 4 – Medical Evacuation

The DHO provides a ground evac capability in the form of Mog and Pinzgauer ambulances. In the not too distant future you will see some Bushmaster variants as well as a more commercial looking amb variant to enhance the fleet. Our medics and in some case nurses and doctors train and work in the back of these to keep you or your colleague stable whilst being moved from one level of care to the next. Whilst Air Medical Evacuation (AME) sits within the Air Force, DHO have personnel trained and able to augment AME teams if required.

### Function 5 – Health training

DHO provides personnel to assist units in the conduct of FANZDF and other more advanced Health courses. These courses are not a box-ticking exercise and knowledge taught makes a significant difference to the health and survivability of those being treated at the point of impact.

The staff of DHO provides a highly versatile, adaptable, multi-role support capability which is operationally ready to provide healthcare to enhance the force across a broad range of tasks, and the full spectrum of operations.

### The future

As we move forward from our Operation Protect commitments, our focus is now on Force Regeneration. The integrity of our own health capabilities within both Navy and Army also require some attention due to the high DHO attrition rates and a rebuild is required. Rest assured that our focus is to provide Health Service Support to you the soldier and sailor at the sharp end.

# ARMY SPORT IS BACK

After a two year hiatus Army Sport (Inter-Regionals/Inter-Corps) is back for 2022.

**July will see the relaunch for all sports and the return of Inter-Services sports across all codes.**

**Inter-regional sport is open to all NZ Army personnel who are encouraged to participate in their chosen sports.**

The following are the Code POC's who can provide you with your camp coaches'/managers' contact details:

Basketball	SSGT N. Lowery
Cricket	MAJ S. MacGibbon
Cycling	SSGT K. Newlands
Football	MAJ J. Steele
Golf	CAPT M. Halewood
Hockey	CAPT M. Houlahan
Netball	CAPT W. Parkinson
Rugby	LTCOL L. Vaughan
Rugby League	CAPT B. McDougall
Softball	LTCOL J. Totoro
Touch	LT J. Hooson
Volleyball	MAJ G. Whitton

The NZ Army Sports Calendar is available on the Army ILP under "Quick links".

For any enquires regarding Army Sports you can also contact the NZ Army Sports Coordinator Mr D. Pilgrim  
david.pilgrim2@nzdf.mil.nz



# Current Sports Calendar

## SPORTS TOURNAMENTS 2022–2023

Activity	Host Service/ Camp	Dates	Venue
<b>Basketball</b>			
Inter-Regionals Basketball	Linton	18–22 Jul 22	Linton
Inter-Services Basketball	Devonport	15–19 Aug 22	DNB (Navy)
<b>Cricket</b>			
Inter-Regional Cricket	Trentham	Jan 23 (DTBC)	Trentham
Inter-Services Cricket			
<b>Army Cycling</b>			
Inter-Regionals Cycling RB	Linton	13–19 Mar 23	Palmerston Area
Inter-Regionals Cycling MB	Linton	13–19 Mar 23	Palmerston Area
Inter-Services	Taupo	Oct 23 (DTBC)	Taupo
<b>Football</b>			
Inter-Regionals Football	Linton	15–19 Aug 22	Linton
Inter-Services Football	Devonport	26–30 Sep 22	DNB (Navy)
<b>Golf</b>			
Inter-Services Golf 2022	Ohakea	Oct/Nov 22	Rangitikei G.C.
Inter-Regionals Golf 2023	Trentham	22–26 Jan 23	Shandon G.C.
<b>Hockey</b>			
Inter-Regionals Hockey	Linton	4–7 Jul 22	Palmerston
Inter-Services Hockey	Devonport	1–5 Aug 22	DNB (Navy)
<b>Netball</b>			
Inter-Regionals Netball	Burnham	27–30 Jun 22	Burnham
Inter-Services Netball	Devonport	5–9 Sep 22	DNB (Navy)
<b>Rugby</b>			
Inter-Corps Rugby	Linton	25–29 Jul 22	Linton
Inter-Services	Devonport	21–26 Aug 22	DNB (Navy)
<b>Rugby League</b>			
Inter-Corps Rugby League	Linton	22–26 Aug 22	Linton
AMORL	NZRL	9–15 Oct 22	Queenstown
ADF TOUR	Trentham	3–16 Oct 22	TRSB
Inter-Services Rugby League	TBC	Mar 23 (DTBC)	TBC
<b>Softball</b>			
Inter-Regional Softball	Linton	23–26 Sep 22	Linton
Inter-Services Softball (Rotates Yearly)	Devonport	20–25 Nov 22	DNB (Navy)
<b>Touch</b>			
Inter-Corps Touch	Linton	Dec 22 (DTBC)	Linton
Inter-Services Touch	TBC	Jan 23	TBC
<b>Volleyball</b>			
Inter-Regionals Volleyball	Trentham	18–22 Jul 22	Trentham
Inter-Services Volleyball	Central	Aug 22 (DTBC)	Linton/Ohakea

**The inaugural Women's International Defence Rugby Championship (IDRC) has been confirmed for October in New Zealand.**

Following a challenging couple of years navigating the Covid-19 pandemic and the obstacles it presented for the NZDF, we are excited to welcome international Defence rugby teams to New Zealand for the inaugural women's IDRC alongside the pinnacle event for Women's Rugby the 2022 Rugby World Cup (RWC).

The 2022 IDRC will be hosted in the Auckland region with games sequenced to occur throughout the RWC pool phase (October), taking advantage of the international crowds already in NZ and providing opportunities for travelling teams to join in RWC activities.

The IDRC will be a truly global event with Defence Teams from the UK, France, USA, Australia and the Pacific region, expected to attend.

Get in behind the NZDF Defence Ferns as we celebrate Wahine Toa (strong women) as our team goes head to head in our national sport!

This event signifies an exciting opportunity to build comradeship across the NZDF and with key international partners.

If you are interested in being considered as a player for the Defence Ferns or assisting with event management ROI to Defence Ferns Manager, WGCDR Joe Tasker via DIXS.





## GAME CHANGERS

By CPL Julia Whitwell

### Barefoot, kicking the ball to one another across a dusty field, Solomon Islands children had no idea how the plane flying overhead could change their game.

Among the cargo on board the Royal New Zealand Air Force C-130H(NZ) Hercules, were medical supplies the New Zealand High Commission donated to a local hospital and soccer equipment for the New Zealand Police to deliver to Solomon Islands' remote villages.

New Zealand Army logistician and soccer enthusiast LT Ben Sinclair is currently deployed to Solomon Islands and both he and his predecessor, LT Logan Trott, coordinated between organisations to ensure the cargo arrived safely.

With his love of the game and his connection with Solomon Islands, LT Sinclair said the tasking struck a chord.

"Growing up playing soccer with kids from other Pacific nations, you could always tell the Solomon Islands kids from the others – both on and off the pitch – by the way they carried themselves," LT Sinclair said.

"Off the pitch, they had great morale, were happy, laughing and good-natured. On the pitch, they

set themselves apart by their skill, their strength and their desire to be there.

"Now that I'm in the Solomon Islands, I get to see where they've come from and that I had advantages and opportunities they never had."

The soccer equipment flown over includes uniforms, boots and soccer balls, all donated by football clubs in New Zealand and collated by NZ Police personnel deployed in Solomon Islands.

The donation complements existing youth soccer programmes, aimed at improving the livelihood of children through sport.

LT Sinclair, who is president of Burnham Football Club in Christchurch, said he enjoys the teamwork and social aspects of the game, and hopes the equipment delivery gives local youth the opportunity to experience them too.

"There's connection in having the same interests and working towards a common aim, no matter what walk of life they come from. It can be a source of motivation

and hope," he said.

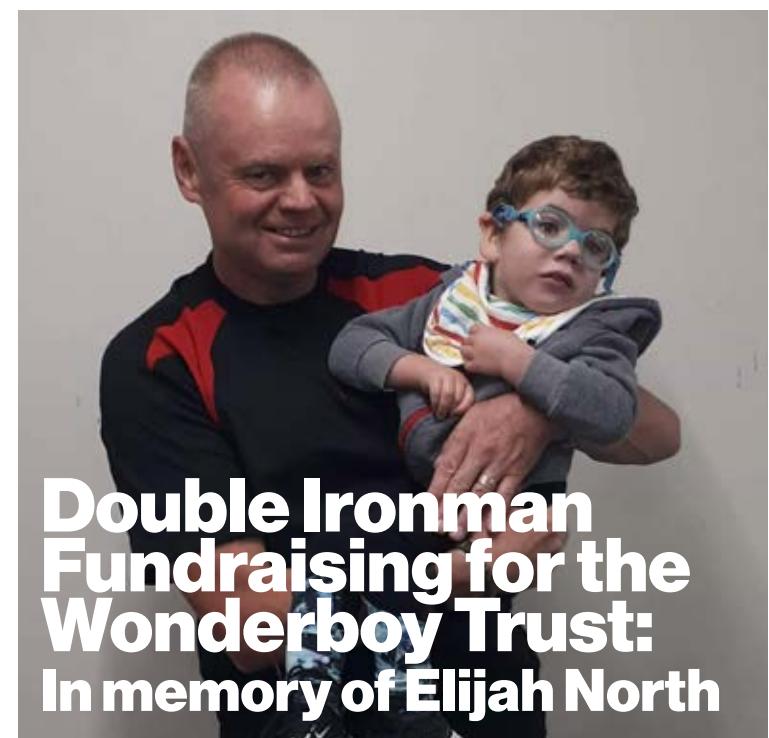
"Having these supplies – although the program is small at the moment – we're hoping it attracts more kids to taking up soccer and can bring the community together."

The soccer supplies from this cargo load will be distributed among remote communities in the province of Malaita, some of the poorest areas of the nation.

To close out his tasking, LT Sinclair is looking forward to seeing the recipients test out their new equipment.

"It'll be great to see everyone's efforts come to fruition and watch the local youth fall in love with the sport," he said.

"With playing conditions similar to ours back home, my hope is that we'll soon see Solomon Islands players competing on the world stage," LT Sinclair said.



## Double Ironman Fundraising for the Wonderboy Trust: In memory of Elijah North

By Major John Humphries

**Kiwiman was to be a double full distance Ironman on a course that looked gruelling over Easter this year in Taranaki.**

Covid put a stop to that a couple of weeks out. So where to test myself and to hopefully fundraise for the Wonderboy Trust, where Laura and Tane North raise funds to assist other families with disabled children, requiring specialist care with NAPA in Sydney Australia, including their wonderful daughter Thea?

In some ways, unintentionally Covid gave me the answer. I had signed up for Ironman NZ in March of this year, due to Covid postponing the event, it is now scheduled for 10 December 22. I hadn't paid much attention to the calendar when I also signed up for IronMāori's Toa, their Inaugural Indigenous Ironman Distance event on 3 December 22. So that gives me two Ironman events of 226kms each on two consecutive weekends. Basically only six days of recovery time in between the events.

For those that aren't aware, an Ironman is a 3.8km swim, 180km

cycle and finish the day off with a 42.2km marathon run, a total of 226kms, with time cut offs along the way, and a maximum of 17 hours allowed. I will do this on 3 Dec 22 with IronMāori Toa in Napier, and repeat again on 10 Dec 22 with Ironman NZ. If you wish to donate to the Wonderboy Trust, in memory of Elijah North, account details are: 12-3634-0003485-51.

All funds go to assist families to provide specialist treatment for disabled children at NAPA in Sydney Australia. The Trust sent their first recipient in March this year and their second recipient is heading to NAPA for three weeks of therapy in August. Each three week block of therapy costs approximately \$13,000. You can follow the Trust's progress at their Facebook page: Wonderboy Trust. All costs associated for the endurance events I am attending will be met by myself.



**REPORT  
CRIME AND  
INCIDENTS  
ONLINE CONTACT FORM**

Military Police have launched a new online contact form, available on the intranet and internet. This can be used by anyone to report criminal incidents to the Military Police and reports can be anonymous.

Incidents involving the NZDF can be reported, including crime affecting service people or service resources (buildings, vehicles, equipment, money), as well as allegations of crime committed by service personnel.

Scan the QR code or go to [nzdf.mil.nz/nzdfmp](http://nzdf.mil.nz/nzdfmp) to be directed to the form. Alternatively you can email [MPCrime@nzdf.mil.nz](mailto:MPCrime@nzdf.mil.nz)



## Singapore Fund

**The aim of the Singapore fund is to provide financial assistance to individuals and teams participating in an approved activity.**

In January 1990, the welfare funds administered by Headquarters New Zealand Defence Force South-East Asia were remitted to New Zealand and paid out on a pro rata basis to the single services. The Singapore Fund was established by the Chief of General Staff on 1st April 1990.

Since then a capital amount has been maintained to provide

a separate identifiable source of income to the fund, and the only income derived from this account by way of interest is available for distribution. Income from the fund may be made available by way of a grant, a loan or a combination of both to assist eligible persons.

Applications for funds are to be forwarded through the applicant's chain of command to

the Secretary of the Singapore Fund, (Mr. D. Pilgrim), Army General Staff.

The guidelines for applications to the Singapore Fund can be found in the NZ P20 Chapter 9 Section 5. The Secretary is also available to answer any enquiries (DtlN: 347 7180).

# ARMY INTER-REGIONAL NETBALL TOURNAMENT 2022

**The annual Inter-Regional Netball Tournament was re-ignited recently.**

This was the first of the Army sports codes to be conducted since Operation Protect and saw personnel from the three regions (Northern, Central and Southern) converge on Burnham Military Camp to do battle on the netball court for the respective 'Mixed' and 'Women's' netball championship titles.

Although overall participant numbers were lower this time than pre-Covid tournament days, the players who were able to make the tournament put on a fantastic display of high speed, high flying athleticism, in what was a fiercely contested competition.

Previous Mixed Netball champions Southern (South) were put through their paces by a strong North team being an amalgamation of Central and Northern players. The combination of female and male players led to three exciting fast-paced games between the two teams. This saw quick skilful netball along with explosive spectacles of aerial athleticism with touches of individual brilliance on display, taking each game to the next level. South was able to hold on to the trophy for another year fending off the North's challenge in straight games.

The Women's fixture saw defending champions Central with a relatively new look team knocked out of contention on day two by very strong Southern and Northern teams. To Central's credit, they had the most amount of "rookie" players of any of the woman's teams competing which bodes well for the future of Army netball.

The final was between Southern, who had gone through the round robin play undefeated, against a very experienced Northern team. When the two teams squared off during the round robin play, it saw just a 1 goal difference between them in Southern's favour. The final was an exciting arm wrestle which saw the lead swap several times between the two sides before Northern edged ahead by four goals going into the half time break. The combined experience within the Northern team of veteran players held off the Southern counter attacks during the 3<sup>rd</sup> and 4<sup>th</sup> quarters to seal the victory at the final whistle.

A big thank you to SRSC, Burnham Camp Gym and the umpires CPL Nathaniel Picking, Ms Ariana Le Marquand and Ms Meresa Korovulavula for supporting the tournament and help making it a success.

The NZ Army Women's and Mixed Representative teams including officials will be named officially in due course once the respected coaches complete their final deliberations, in preparation for the Inter-Services Netball Tournament to be held in Devonport 5–9 September.



## Congratulations to the following 2022 Award recipients:

**Inter-Regional Mixed Netball Champions 2022:**

South

**Inter-Regional Woman's Netball Champions 2022:**

Northern

**Shooting Competition Winner:**

SGT Eryn Tipuna, NZAPTC

**Tournament Top Shot Mixed Grade:**

PTE Richard To'i'a, RNZIR

**Tournament Top Shot Women's Grade:**

SGT Tara Oldehaver, RNZALR

**Most Promising Player Mixed Grade:**

LCPL Mack Proffitt, RNZALR

**Most Promising Player Woman's Grade:**

PTE Waiariki Jahnke, RNZALR

**Rookie of the Tournament Mixed Grade:**

PTE Richard To'i'a, RNZIR

**Rookie of the Tournament Women's Grade:**

LCPL Lucy Gibson, RNAMC

**Most Valuable Player Mixed Grade:**

PTE Richard To'i'a, RNZIR

**Most Valuable Player Woman's Grade:**

CPL Amber Reed, RNZIR and SSGT Freda Rehua, RNZALR





1<sup>st</sup> Battalion, RNZIR was the winner when the keenly contested Lone Pine competition was held recently. Army News will have full coverage of the competition in the August edition.

Photo: Corporal Maddy Butcher